QUALITY OF LIFE OF ARUBAN YOUTH

A pilot study of different pathways to health and well-being and risky behavior of schoolchildren ages 10-13 years within the context of school



PARTICIPANTS were 48.5% girls and 51.5% boys



Equivalised household income: 50%

H. income >= 50% of median, 60.4%

H. income < 50% of median, 39.6%

Equivalised household income: 60% H. income >= 60% of median, 49.2%

H. income < 60% of median, 50.8%

International Poverty Line at \$21.70 a day H. income >= \$21.70 a day, 90.9%



EXOSYSTEM

MICROSYSTEM

Bronfenbrenner's Ecological theory (1977)

MONITORING

- 1. Monitor all children on child, family, school, friend and neighborhood characteristics related to well-being.
- 2. Monitor all children on child, family, school, friend and neighborhood characteristics related to antisocial and possibly delinquent behavior.

76.6%

64.8%

14.3%

L4.5%

90.2%

3. Specifically monitor children starting in grade 5 by using the newly developed survey and repeating this every two years until they finish secondary school.

MICROSYSTEM (child, family, classroom, peers)

- 4. Develop tools to improve self-control in children. Many children do experience problems with concentration and paying attention.
- 5. Improve healthy family relationships, which is especially important for girls.
- 6. Improve the possibilities for teachers to pay attention to individual children, especially those who are at risk for developing antisocial behavior and/or developing mood problems.
- Continue focusing on the relationship between native language and language of instruction.
- 8. Improve health-related behavior.

MESOSYSTEM (e.g. relations between family and school)

9. Approachable parenting support.

10. Stimulate parent participation at school.

EXOSYSTEM (social context which influences child through microsystem, e.g. neighborhoods/barios, health agencies)

11. Increase neighborhood safety to increase well-being and possibilities especially for girls to expand their social environment safely.

AND FINALLY

12. In view of the expected negative effects of the COVID-19, it is even more important to closely monitor the development of children in Aruba.



Source: Quality of Life of Aruban Youth, 2020 Pilot Census, 2019